



Whānau Mārama Parenting

Whānau Mārama Parenting Courses are based on the 6 Principles of Effective Discipline from the *Discipline and Guidance of Children: A Summary of Research*. All of Whānau Mārama Parenting's courses promote the use of non-physical discipline.

Each course must be paid for at least one day before the course starts.



ENROL ONLINE

Visit our website and enrol online for one of our upcoming courses

whanaumarama-parenting.co.nz

You can also enrol online by e-mailing us at:
haiying@whanaumarama.co.nz

For additional information, please call:

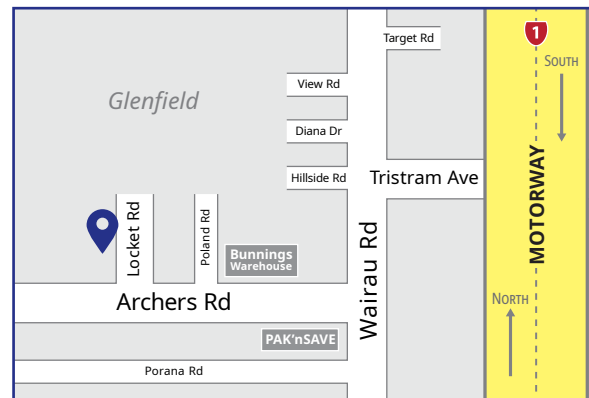
Elizabeth: 441 0209 Gabriel: 441 0208
(Portuguese available)

Haiying / Na: 551 6974 Betty / Jumi: 551 6960
(Mandarin available) (Korean available)

Mobile: 022 341 6212

[fb.com/WhanauMaramaParenting](https://www.facebook.com/WhanauMaramaParenting)

Whānau Mārama Parenting is proudly supported and promoted by



4 Locket Road (behind house) | Glenfield, North Shore

Parenting courses for parents of all cultures

Terms
4
2018
1
2019

Courses in English, Mandarin and Korean



Whānau Mārama Parenting is an approved and audited service under Section 403 of CYP&F Act 1989. We are a nonprofit organisation with charitable purposes.

2018 - Term 4 Courses

For further information about any of the courses, please check under **Courses** on www.whanaumarama-parenting.co.nz



Introd. to Positive Discipline
아기와 나 부모교실
正面亲子教育技能升级课程

New born to 4 years old

FREE

CHILDREN FRIENDLY

4 skills and strategies / 4가지 기술과 전략 / 4个实用的技巧

| Northcote 图书馆 | | | |
|---------------|-------------|----------------------|-----------------------|
| 全中文 课程 | 周五 (共4周) | 10:00am - 11:00am | 11月16日开始 至 12月7日结束 |

| Glenfield 图书馆 / 글렌필드 라이브러리 | | | |
|----------------------------|----------------|---------------------|-----------------------|
| 全中文 课程 | 周三 (共4周) | 9:30am - 10:30am | 10月17日开始 至 11月7日结束 |
| 한국어 코스 | 매주 수요일 (4주) | 9:30am ~10:30am | 11월14일 ~12월 5일 |




Effective Discipline
아기와 나 부모교실
有效的教导

Children aged 4 - 11 years old

\$ 60

26 skills and strategies / 26가지 기술과 전략 / 26个实用的技巧

| 2018 - Term 4 Courses | | | |
|-----------------------|-------------------------|------------------------------|-------------------------------|
| Course in English | Wednesdays (9 weeks) | from 9:30am until 12:30pm | starts 17 Oct until 12 Dec |
| 한국어 코스 | 매주 화요일 (9 주) | 9:30am ~12:30pm | 10월16일 ~12월11일 |
| 全中文 课程 | 周四 (共9周) | 9:30am - 12:30pm | 10月18日开始 至 12月13日结束 |



Parenting Adolescents
教导青少年

Teens aged 11 - 18 years old

\$ 60

23 skills and strategies / 23个实用的技巧

| 2018 - Term 4 Courses | | | |
|-----------------------|-------------------------|-----------------------------|-------------------------------|
| Course in English | Wednesdays (9 weeks) | from 6:30pm until 9:00pm | starts 17 Oct until 12 Dec |
| 全中文 课程 | 周五 (共9周) | 9:30am - 12:30pm | 10月19日开始 至 12月14日结束 |

2019 - Term 1 Courses

For further information about any of the courses, please check under **Courses** on www.whanaumarama-parenting.co.nz



Positive Discipline for Under 4's
4岁以下孩子的教导

New born to 4 years old

\$ 60

17 skills and strategies / 17个实用的技巧

| 2019 - Term 1 Courses | | | |
|-----------------------|-------------|---------------------|---------------------|
| 全中文 课程 | 周五 (共8周) | 9:30am - 12:30pm | 2月15日开始 至 4月5日结束 |




Effective Discipline
아기와 나 부모교실
有效的教导

Children aged 4 - 11 years old

\$ 60

26 skills and strategies / 26가지 기술과 전략 / 26个实用的技巧

| 2019 - Term 1 Courses | | | |
|-----------------------|-------------------------|------------------------------|-------------------------------|
| Course in English | Wednesdays (9 weeks) | from 9:30am until 12:30pm | starts 13 Feb until 10 Apr |
| 한국어 코스 | 매주 화요일 (9 주) | 9:30am ~12:30pm | 2월12일 ~4월9일 |
| 全中文 课程 | 周四 (共9周) | 9:30am - 12:30pm | 2月14日开始 至 4月11日结束 |



Parenting Adolescents

Teens aged 11 - 18 years old

\$ 60

23 skills and strategies / 23个实用的技巧

| 2019 - Term 1 Courses | | | |
|-----------------------|-------------------------|-----------------------------|-------------------------------|
| Course in English | Wednesdays (9 weeks) | from 6:30pm until 9:00pm | starts 13 Feb until 10 Apr |